

2018 EATING DISORDER AWARENESS WEEK

ANOREXIA AND BULIMIA QUEBEC IS PROUD TO HOST THIS FREE PUBLIC CONFERENCE

**Tuesday, February 6,
2018 at 7 PM**

Cégep Gérard-Godin
15 615 boul. Gouin O
Ste-Geneviève, Qc
Salle Pauline-Julien

Following the conference,
there will be a testimonial
given by someone who has
a lived experience with an
eating disorder.

SUPPORTING AUTONOMOUS MOTIVATION AND PERSONAL ENGAGEMENT IN PEOPLE RECOVERING FROM EATING DISORDERS

Current ideas of “ best
practices ” in the treatment of
people affected by eating
disorders emphasize certain
core values: putting the person
in treatment (and those close
to her/him) at the center of
clinical decision-making heads
the list, followed by offering
treatment in a manner that is
collaborative, informative,
tolerable, and as conducive to
personal engagement as is
possible. After all, the ultimate
goal is to mobilize in the
person in therapy the desire to
change, and to help him or her
bring about adaptive changes
in a freely chosen manner. This
talk summarizes recent
evidence bearing upon the
value of autonomy support in
eating disorder treatment.

Dr. Howard Steiger

PICKY EATERS, UNDEREATERS AND OVEREATERS: WHAT'S NEW IN EATING DISORDERS?

This talk will review recent trends in the field of
eating disorders. In addition to discussing new DSM
5 syndromes like Binge Eating Disorder and
Avoidant/Restrictive Food Intake Disorder, we will
discuss societal trends that may be influencing the
development of new disorders like orthorexia.

Dr. Mimi Israel

Mimi Israel M.D. FRCP

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PLEASE CONFIRM YOUR REGISTRATION

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