

Teachers and Coaches: Helping our Youth Navigate a Body Obsessed Culture



**Friday, October 6
at 8:15 a.m.**

Ontario Shores Centre for Mental Health Sciences
700 Gordon Street, Whitby
Main Entrance, Lecture Theatre
Building 5, Level 2

Free Event, Refreshments Provided

How to tackle the sensitive topic surrounding eating behaviours and what the next steps might be. Hear stories from individuals who struggled with their body image and eating.

For registration visit: www.ontarioshores.ca/teachersandcoaches

Presented by:

