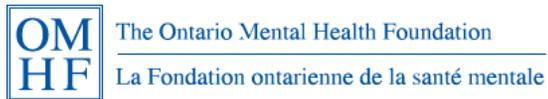


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Are you or a family member between the ages of **17 and 24** and have **Anorexia Nervosa (AN)?**



We are looking for families to take part in a **research study** investigating Family-Based Treatment for Transition Age Youth



## Research Study Information

We are conducting a research study to evaluate the feasibility of a new treatment for those **between the ages of (17-24)** with **Anorexia Nervosa**.

This treatment is designed for older adolescents and young adults who would like to involve family in supporting them with recovery from Anorexia Nervosa. Family may include close friends, siblings, and partners.

This therapy balances support from family with support for the older adolescent or young adult's independence.

If you take part, you will be asked to attend 25 family therapy sessions over the course of 6 months. Some of each session is spent individually with the young adult with AN and some is spent together as a family. You will also be asked to fill out questionnaires.

**A novel family-based intervention for transition age youth and their families:**

**A two phase feasibility study**

## Summary of Research

As part of a research study looking at family therapy for Anorexia Nervosa, investigators at University Health Network are looking for older adolescents and young adults between the ages of

17 and 24 with a diagnosis of Anorexia Nervosa and their families, close friends or partners

If you decide to take part, you will be asked to fill out some questionnaires and attend 25 family therapy sessions over the course of 6 months.

## What else do I need to know?

If you decide to participate you may or may not experience benefits from the study. You may feel distressed as a result of the study. You may withdraw from this study at any time, for any reason, without risk to your current or future care at University Health Network.

## Contact

If you would like more information or have any questions, please contact the principal investigator:  
Dr. Gina Dimitropoulos at [gina.dimitropoulos@uhn.ca](mailto:gina.dimitropoulos@uhn.ca) or 416-340-3749

You may also contact the research coordinator:  
Victoria Freeman at [victoria.freeman@uhn.ca](mailto:victoria.freeman@uhn.ca)

