

Treatment Study for Women with Symptoms of Bulimia Nervosa

Do you experience issues with:

Binge-eating where you feel out of control?

Food restriction, dieting, self-induced vomiting, over exercising, or laxatives?

Recurrent negative thoughts about body shape or weight?



If you are a woman age 18 or older struggling with symptoms of bulimia nervosa, then you are invited to participate in a research study evaluating the effectiveness of a 12 week group therapy program for the treatment of bulimia nervosa. If you are interested in participating in this study, please contact Jennifer Bartlett for further information (jebartle@ualberta.ca).

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