



Eating Disorder Foundation of NL Hosting

Lunch and Learn Information Session

Join us to learn about:

The Eating Disorder Foundation of NL
Programs and Services

Eating Disorders
Types, Causes, Complications and Prognosis

Open to the General Public including families, health professionals,
educators and community members

(Not appropriate for clients with an eating disorder)

Date: Tuesday February 3rd, 2026

Time: 12:00 - 1:30 PM Newfoundland Island time (11:30 - 1:00PM Labrador time)
Via Zoom Videoconference

Registration is Required (FREE)

For more information or to register please contact
Cathy at cathy@edfnl.ca